



**WELCOME TO
COQUITLAM BC**



**The Coquitlam Minor Hockey Association is proud to host the
2025 BC Hockey
U18 Tier 1 Championship
March 15-19, 2025**

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The online program is an interactive PDF with live links.

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Cover photography: For fitness enthusiasts, the must-see Coquitlam Crunch is perfect for team socials and/or warmups (see page 15 for location). Walk around the picturesque Lafarge Lake and grab an ice cream from Town Centre's Rocky Point Ice Cream location (see pages 13/14 for location).

Lead, Develop and Promote Positive Lifelong Hockey Experiences



OUR COMMUNITY & CHAMPIONSHIP CONTACTS

WELCOME TO COQUITLAM!

The Coquitlam U18 A1 Comets are looking forward to hosting your team. Our city is surrounded by stunning nature and provides countless opportunities for things to see and do. We encourage you to explore visitcoquitlam.ca for a fulsome listing of local restaurants and cafes, shops and services, and recreational and outdoor activities.

We are pleased to welcome all athletes, team officials, referees, friends, family and community members to the U18 T1 Championship. It is a privilege and an honour to be hosting this event!

We would like to extend a special thank you to the Organizing Committee and volunteers for this tremendous effort and to the parents and team officials who contribute so much time and effort to allow the athletes to compete at this level and represent their home associations.

We would also like to recognize the generous support of our community donors and sponsors, without whom we could not have met our goals for providing a fun and memorable Championship for all attendees.

On behalf of the CMHA Board of Directors and Organizing Committee, we hope you have a wonderful time here and take full advantage of everything that Coquitlam has to offer. We wish all teams a safe and enjoyable tournament. Good luck to all!

Coquitlam Minor Hockey Association would like to respectfully acknowledge that we live, work, and play on the unceded core territory of the kwikwəłəm (Kwkwetlem) First Nation, which lies within the shared territories of the Səlilwətał (Tsleil-Waututh), sqəciyaʔtəməxw (Katzie), xʷməθkwəyəm (Musqueam), qiqéyt (Qayqayt), Skwxwú7mesh Úxwumixw (Squamish), and 'stə:loɔ (Sto:lo) First Nations.

Sincerely,

The CMHA Board of Directors

CONTACT US

COQUITLAM MINOR HOCKEY ASSOCIATION

633 Poirier Street,
Coquitlam BC V3J 6A9
coquitlamminorhockey.org

Ashleigh Turner

PRESIDENT

president@coqmha.org

Eryn Tite


HOST COMMITTEE CHAIR

treasurer@coqmha.org

Drew MacDonald

BC HOCKEY REPRESENTATIVE

dmacdonald@pcaha.ca

 [coquitlam_minor_hockey](https://www.instagram.com/coquitlam_minor_hockey)

 [CoquitlamMHA](https://www.facebook.com/CoquitlamMHA)

 [CoquitlamMHA](https://twitter.com/CoquitlamMHA)

[#BCHockey_u18t1_champs](https://twitter.com/BC Hockey_u18t1_champs)

CHAMPIONSHIP AT A GLANCE

Championship Dates:

March 15-19, 2025

Poirier Sport & Leisure Centre

633 Poirier Street, Coquitlam BC V3J 6A9

Travel Day:

March 15, 2025

Officials' (Referees) Meeting:

March 15, 2025 | 1:00 to 2:30pm

- Poirier Sport & Leisure Centre | Room 2
(upstairs just past the cafe, near the Arena 3 viewing area)
- Officials (Referees) Only

Coach & Manager Meeting:

March 15, 2025 | 3:00 to 4:30pm

- Poirier Sport & Leisure Centre | Room 2
(upstairs just past the cafe, near the Arena 3 viewing area)
- Mandatory Attendance

Championship Banquet:

March 15, 2025

Doors open at 5:30pm | Dinner at 6:00pm

Executive Inn Burnaby

4201 Lougheed Hwy., Burnaby, BC

- Game day dress code

Opening Ceremonies:

March 16, 2025 | 6:15pm

- Poirier Sport & Leisure Centre | Arena 1
- Mandatory Attendance
- Teams playing immediately before & after will be in full gear. Other teams will be in game day dress code with home jerseys and shoes appropriate for walking on ice

Closing Ceremonies:

March 19, 2025 | Following Gold Game

- Poirier Sport & Leisure Centre

Fair Play Award:

The Fair Play Award will be presented to the team with the lowest PIMS incurred during the Round Robin games, on March 19 at 1:30pm.

50/50:

www.rafflebox.ca/raffle/coqmhau18

**2025 BC Hockey U18 Tier 1 Championship Main Page:**

www.coquitlamminorhockey.org/tournaments/bch_u18t1_Championship_2025/

**Official BC Hockey Schedule/Standings:**

Championship.bchockey.net/schedules/176961

**Legends Only Lounge:**

Poirier Sports and Leisure Centre | East end of Arena 1

Open 9am to 9pm | March 16th to 18th

Open 7:30am to 7:30pm | March 19th

First Aid Room & Referees' HQ:

Poirier Sports & Leisure Centre | Boardroom

(Upper Floor off cafeteria)

CHAMPIONSHIP SCHEDULE

DAY 1 | Sunday, March 16th

10:00 am Victoria Admirals vs. Cloverdale Colts

12:45 pm Ridge Meadows Rustlers vs. WK Crusaders

3:30 pm North Zone Kings vs. EK Avalanche

6:15 pm OPENING CEREMONIES

6:45 pm Coquitlam Comets vs. NE Trackers

DAY 2 | Monday, March 17th

10:00 am EK Avalanche vs. Victoria Admirals

12:45 pm NE Trackers vs. Ridge Meadows Rustlers

3:30 pm Cloverdale Colts vs. North Zone Kings

6:15 pm WK Crusaders vs. Coquitlam Comets

DAY 3 | Tuesday, March 18th

10:00 am EK Avalanche vs. Cloverdale Colts

12:45 pm NE Trackers vs. WK Crusaders

3:30 pm Victoria Admirals vs. North Zone Kings

6:15 pm Ridge Meadows Rustlers vs. Coquitlam Comets

DAY 4 | Wednesday, March 19th

8:00 am 1st Div A vs 2nd Div B

11:00 am 1st Div B vs 2nd Div A

5:00 pm BRONZE MEDAL GAME

8:00 pm GOLD MEDAL GAME



VANCOUVER
SPORTS
PICTURES

PROFESSIONAL SPORTS PHOTOS



Professional Sports Photographer is **ONSITE** for the
2025 BC Hockey U18T1 Championships March 16-19th, 2025.

15 minute TEAM PHOTO SESSIONS on-site by texting photographer
778-879-0585.

GAME ACTION images can be booked **TEXT 778-879-0585**
or e-mail pvyates@shaw.ca



ACTION PHOTOGRAPHY
PER GAME ALL PLAYERS
\$120 (hundreds of images)*

BOOK A TEAM PHOTO SESSION
PRINTS AND POSTERS WILL BE AVAILABLE ONLINE

SOLO ATHLETE
8x10" PRINTS
OR DIGITAL FILES



****Please book games 24 hours in advance***
www.vancouver sportspictures.com

BC HOCKEY CHAMPIONSHIP U18 TIER 1 MERCH STORE

Orders will be shipped to Championship location. Sizing charts all on garments, refer to charts for sizing questions.
All sales are final | bchockeyu18tier1championship.itemorder.com/shop/sale/



EQUIPMENT REQUIREMENTS

We will provide **TEAM PUCKS** for warm-up ice.

PANTS – no tears, loose threads and/or dangling belts or straps. Inside zippers are fastened.

STICKS – the plug must be in the butt end of the stick (Top). The blade must have no sharp edges or breakages.

HELMET – must have visible csa label, snug chin strap, ear guards. Must be decal/tape free and unpainted. No cracks in the shell or padding.

FACEMASK – no broken bars or rust on metal cage. Screws must be tight, and if replacements, must not be too long. Straps must be snug with stretch in elastic. Clips must be in place. No cracks in plastic components.

GLOVES – must be high enough to cover the wrist with firm finger, thumb and back padding. Palms should be soft and pliable. No loose threads or holes near fingers or on palm larger than a quarter.

NECKGUARD – must completely cover neck and fit snugly to avoid exposing neck and upper chest. Must have BNQ certification and be free of fabric cuts. Velcro straps should not be worn and must be unaltered and in good working order. No tape should be wrapped around the neck guard and any tears should be sewn.



WELCOME MESSAGE FROM THE CITY OF COQUITLAM



Welcome to the Poirier Sport & Leisure Complex! We are happy to welcome you and your team to our facility for the duration of your competition. We have a few notes we would like to pass on to ensure that everything goes smoothly:

- 1) **Balls and Pucks** – Please do not shoot, pass or stick handle balls or pucks in the hallways, walking track, lobby areas or change rooms. These actions can be a safety hazard for other users and may cause damage to the facility.
- 2) **Warm-ups** – As a courtesy to all other patrons in the building and our immediate neighbors in the Poirier area, we kindly ask that team warm-ups be localized to dressing rooms, an appropriate location off-site, or within bookable spaces in our building. Please reach out to bookings@coquitlam.ca with direct enquiries for bookable spaces. If warming-up off site, please be considerate with regards to music/volume, especially early in the morning.
- 3) **Signage/Posters** – Signage and Posters may not be posted/taped anywhere on the facility walls. The City can provide white boards or access to snap boards if signage/posters are required.
- 4) **Dressing Rooms** – Should be left in the condition they were in when you arrived. Any significant messes requiring clean-up could be billed back to you. Our staff members do their best to get in the rooms between groups to clean and tidy but this is not always possible. Please let us know immediately if there is a mess in the room or if the garbage or recycling bins need to be changed.
- 5) **Facility Parking Maps** - Poirier area parking maps have provided to the event organizer with team bus pick/up drop-off areas identified.
- 6) **Please let us know** – We want to help provide the best possible experience for your team while you're competing at our facility. Please let us know if any equipment repairs or clean ups are needed in the facility.

Please see visitcoquitlam.ca for more information of what there is to do in Coquitlam during your stay. #explorecoquitlam

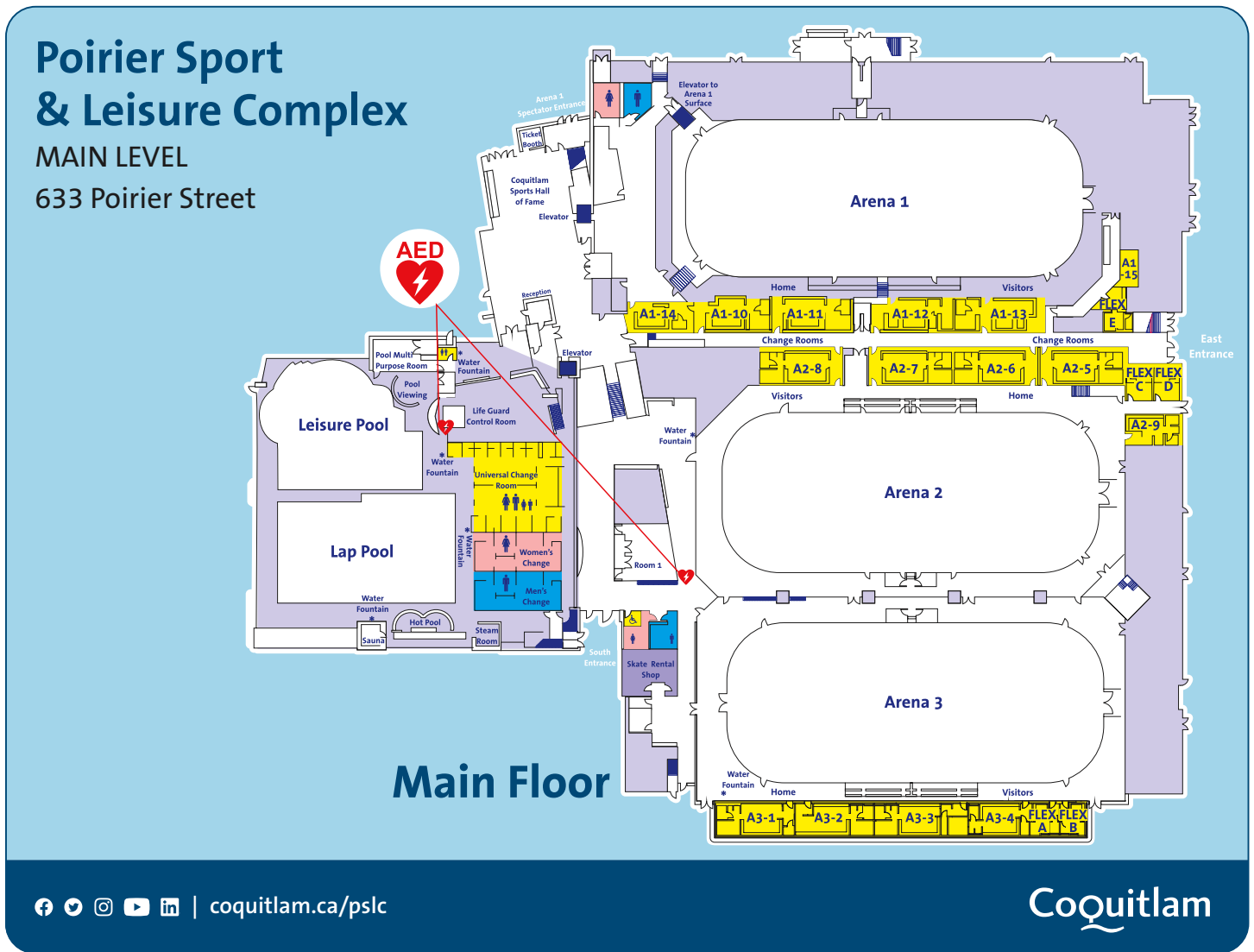
Thank you in advance for helping us keep our facility in tip top shape so that the focus can be on the competition on the arena.

Thanks and Good luck,
Brayden Fengler
Recreation Program Coordinator - Arenas and Special Events
City of Coquitlam

City of Coquitlam
3000 Guildford Way, Coquitlam, BC V3B 7N2
Office: 604.927.3000
www.coquitlam.ca

POIRIER SPORT & LEISURE CENTRE

2025 BC Hockey Championship games will be played at the Poirier Sport & Leisure Centre, at 633 Poirier Street, Coquitlam. There will be no entrance fee for this event. The cafeteria will be open for breakfast, lunch, snacks and dinner.

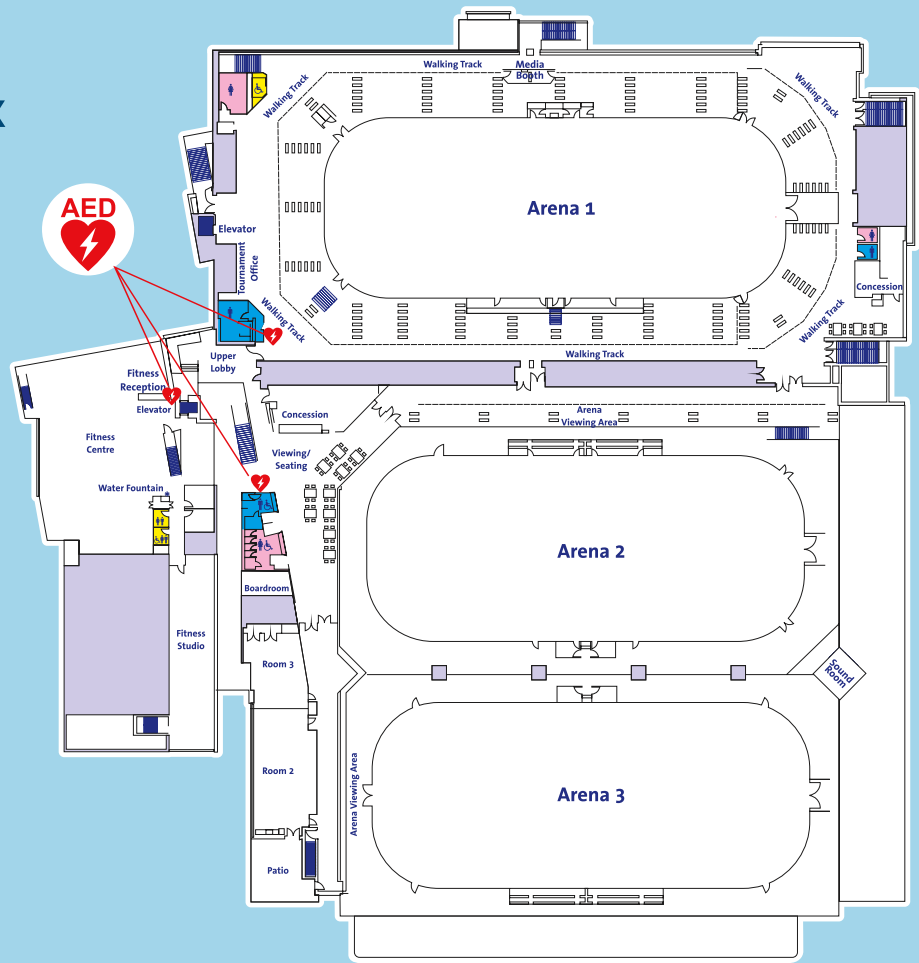


POIRIER SPORT & LEISURE CENTRE

Poirier Sport & Leisure Complex

UPPER LEVEL

633 Poirier Street



[f](#) [t](#) [@](#) [v](#) [i](#) | coquitlam.ca/pslc

Coquitlam



Poirier Sport & Leisure Complex Parking Map

Poirier Sport & Leisure Complex

633 Poirier St.



WHERE TO EAT

Coquitlam is a multicultural city with hundreds of food options to satisfy every craving!

WHERE TO EAT WITH THE TEAM

Ice Water Café | 604-939-9927

Poirier Sport & Leisure Centre
633 Poirier St, Coquitlam

Red Robin | 604-941-8650

5000 Lougheed Hwy, Coquitlam

Cactus Club | 604-777-0440

101 Schoolhouse St, Coquitlam

Cactus Club | 604-243-2600

2929 Barnet Hwy, Coquitlam

Doppio Zero Pizza | 778-355-5333

1655 Como Lake Ave, Coquitlam

My Greek Taverna | 604-525-5351

946 Brunette Ave, Coquitlam

John B. Neighbourhood Pub

604-931-5115 | 1000 Austin Ave, Coquitlam

Me-N-Eds Pizza Parlour | 604-931-2468

121 Austin Ave, Coquitlam

The Golden Boot | 604-939-0855

1028 Ridgeway Ave, Coquitlam

Pizzeria Spacca Napoli | 604-939-5800

2801 St Johns St, Port Moody

Austin Heights Area | 604-765-2055

www.austinheights.ca/where-to-eat/

BREAKFAST & BRUNCH SPOTS

Kook's Cooks | 604-262-2440

2120 Austin Ave, Coquitlam

Pür & Simple | 604-475-7721

175-815 Village Dr, Port Coquitlam

The Hard Bean Brunch Co.

604-227-1992 | 2781 Clarke St, Port Moody

Jimmy's Lunch Box | 604-464-5700

2652 Shaughnessy St, Port Coquitlam

C Market Coffee | 604-474-2026

100 Schoolhouse St, Coquitlam

C Market Coffee | 604-949-0305

820 Village Dr, Port Coquitlam

La Forêt Austin | 236-553-1173

1135 Austin Ave, Coquitlam

Coquitlam Grill | 604-942-1337

2635 Barnet Hwy, Coquitlam

IHOP | 604-941-5345

2755 Lougheed Hwy, Port Coquitlam

Denny's | 604-939-6545

500 Austin Ave, Coquitlam

Cora | 778-285-8577

3025 Lougheed Hwy, Coquitlam

FOR SWEET TOOTH LOVERS

Rocky Point Ice Cream

2800 Murray Street, Port Moody

Rocky Point Ice Cream

Lafarge Lake, Town Center Park

Trevor Wingrove Way, Coquitlam

Doughnut Love | 604-492-2456

1655 Como Lake Ave, Coquitlam

Crumbl | 604-243-6462

1125 Nicola Ave, Port Coquitlam

BjornBar Bakery | 604-259-1927

581 Clarke Rd, Coquitlam

BC ALE TRAIL

Known locally as **Brewers Row**, this group of breweries along one street in Port Moody offer diverse experiences and tastes.

North of the Fraser Ale Trail

The four municipalities of New Westminster, Burnaby, Coquitlam and Port Coquitlam are aligned in many ways – not just by geography, but also through their bustling craft breweries.



WHAT TO DO IN COQUITLAM

Coquitlam boasts a number of wonderful recreational facilities, endless parks and trails to explore, and a vibrant urban scene. Whether you're an outdoor enthusiast, a shopping lover, or someone who enjoys exploring the city's cultural attractions, Coquitlam has something for everyone.

RECREATIONAL CENTRES

City Centre Aquatic Complex | 1210 Pinetree Way

This complex contains a wave pool featuring a lazy river, interactive water features and a water slide, together with an 8 lane Olympic length pool, whirlpool, sauna, steam room and fitness facility.

Poirier Sport & Leisure Complex | 633 Poirier Street

This facility features three arenas, six lane lap pool, leisure pool, steam room and sauna, indoor fitness track, fitness facility and drop-in classes.



PARKS & TRAILS IN COQUITLAM

Coquitlam's trail system, one of our most requested recreation facilities, totals over 134 kilometers. It also includes a portion of the Trans Canada Trail, which spans from coast to coast.

Town Centre Park | 1299 Pinetree Way

This sprawling green space is home to the picturesque Lafarge Lake with a surrounding accessible walking trail, playground, sand volleyball courts, skate park, sports court, tennis courts, free outdoor table tennis and foosball tables.

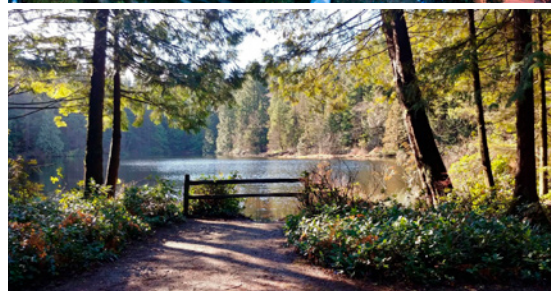
Mundy Park | 641 Hillcrest Street

(24 hour off leash dog walking trail accessible via the parking lot located at Mariner Way and Chilko Drive – please review maps on site for designated off-leash areas. The entirety of the park is off-leash before 10:00 am every day)

This rainforest is a magical place and one of Coquitlam's most treasured urban forests. There are many trails throughout the park culminating in an extensive 16 km trail system. The Hillcrest Street entrance also contains a state-of-the-art playground.

Como Lake Park | 700 Gatensbury Street

This inner-city sanctuary contains lakeside benches, open grass areas, a walking trail and a playground.

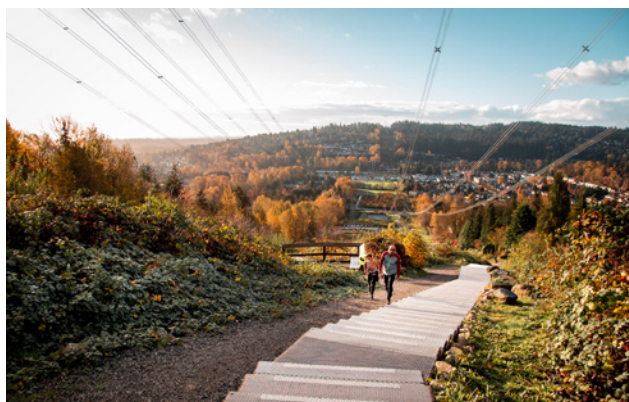


WHAT TO DO IN COQUITLAM

For those who love the outdoors, the city is home to stunning parks like Mundy Park, Lafarge Lake, and Minnehada Regional Park, offering hiking, biking, and scenic picnic spots. Coquitlam Centre provides a diverse mix of popular retailers, boutiques, and dining options.

WALKING TRAILS

Coquitlam boasts thousands of walking trails throughout magical forest. For fitness enthusiasts, a must see is the “**Coquitlam Crunch**”, a popular fitness challenge containing a 2.2 kilometer climb and two sets of stairs which provide a recreational fitness circuit. Hikers and fitness walkers can enjoy the natural setting and spectacular views of the City. The Crunch can be accessed from Eagle Ridge Park, Guildford Way, Lansdowne Drive, David Avenue and Bramble Park at Panorama Drive.



SHOPPING CENTRES

Coquitlam Centre | 2929 Barnet Hwy

One of BC’s largest shopping malls containing over 200 stores.

City of Lougheed | 9855 Austin Avenue

Constantly evolving, this growing indoor centre offers 90+ shops and services to cater to your daily needs and wants and 25+ diverse food & beverages offerings. Ample parking and easy access via three SkyTrain lines.

Metropolis at Metrotown | 4800 Kingsway

British Columbia’s largest shopping centre, Metropolis at Metrotown is home to over 330 stores and services.

SHOPPING PLAZAS

Como Lake Village | 1960 Como Lake Avenue

Contains a grocery store, pharmacy, dollar store, Subway, liquor store, pet store, barber, optician, restaurants, fast food, coffee shop and bakery.

Austin Station | 2662 Austin Avenue

Contains a grocery store, cold beer and wine store, coffee shop, Subway, and other shops and services.



WHAT TO DO IN COQUITLAM

Coquitlam is well-connected by public transit, with SkyTrain and bus routes making it easy to explore the area and beyond.

SPORTS STORES & SKATE SHARPENING

Sport Check | 2929 Barnet Hwy (in Coquitlam Centre)

Sport Check | 9855 Austin Avenue (in City of Lougheed)

Cyclone Taylor Sports | 10202 Austin Avenue, Coquitlam

Rocket Rod's | 2300 Rocket Way, Coquitlam (in Planet Ice)

SportsX | 2275 Elgin Avenue, Port Coquitlam

The Hockey Shop | 20202 266 Avenue, Langley

HOW TO GET AROUND

West Coast Express and Skytrain

Coquitlam is served by various transit routes including the R3 RapidBus, the SkyTrain Millennium Line Evergreen Extension and West Coast Express commuter train. In partnership with TransLink, the City promotes convenient, comfortable and efficient public transit service for people of all ages and abilities.

Urban Pedal

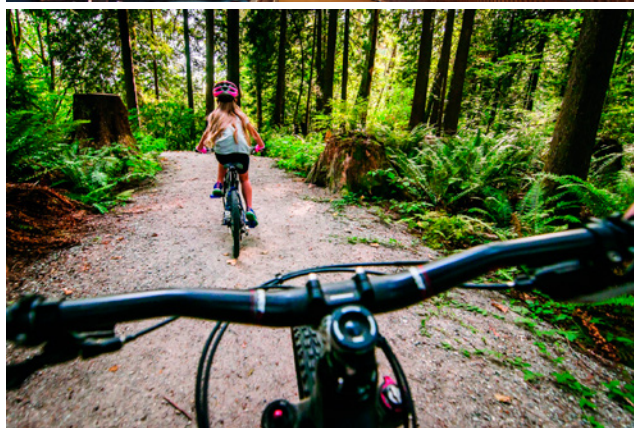
Mobile E-Bike Rentals. E-Bikes Delivered To Your Door. See more, Do more, Ride more. Book an E-Bike Now.

FUN THINGS TO DO IN COQUITLAM

Tourism Coquitlam

Here in Coquitlam, adventure does not mean getting out of town... it means staying right where you are. Bustling urban landscapes, foodie enclaves and top-notch shopping meet inspired hikes and a laid-back West Coast lifestyle. Here are a couple quick ways to get started:

- Explore locally and support local **Restaurants and Cafes**
- Check out our expanding list of restaurants and breweries offering **Patio and Outdoor Seating**
- Find the what you are looking for with our growing list of **Shops and Services**
- Read our fun blogs on how to Explore Coquitlam **Get the Inside Scoop on Coquitlam**



TEAMS



TEAM ROSTER:

Aaron MacRae
Ben Leduc
Benjamin Robinson
Caleb Sowick
Colton Morson
Dante Benrardini
Ethan Fong
Evan Roche
Graeme Sarte
Jacob McKinnon
Lucas Kim
Mateo Durante
Matthew Renwick
Matthew Tsok
Riley Fraser
Ryan Hutchinson
Ryan Wong
Santiago Morales
Tyler Datt

HEAD COACH:

Dave Holmes

ASSISTANT COACHES:

Lyle Haylock, Nick Klassen,
Ben Holmes

MANAGER:

Rosanna Durante

TEAM ROSTER:

Bane Hildebrand
Brady Dietz
Brody Mickey
Carson Arberry
Cole Whidden
Damon Clay
Easton Goulet
Ethan Avanthay
Evan Umbach
Garrett Whetter
Graham Batten
Griffin King
Jackson Whitford
Lincoln Bueckert
Lucca Brooks
Mason Mcginnis
Quinten Loney
Rhyse Howells
River Knipe
Tristan Simpson
Walker Brown

HEAD COACH:

Darren Goulet

ASSISTANT COACHES:

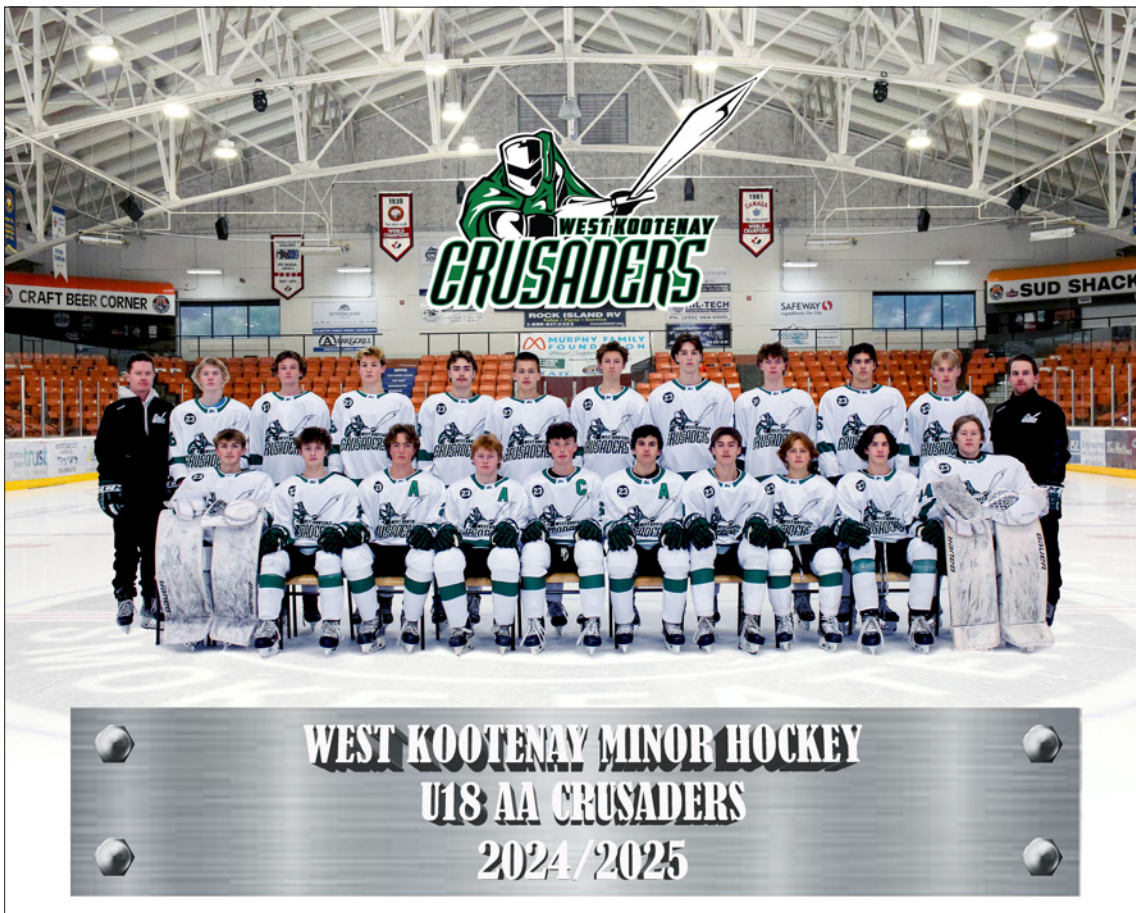
Dallas Brown,
Tyler Loney

MANAGER:

Shane Mickey



TEAMS



TEAM ROSTER:
 Cole Hashimoto
 Cooper Anast
 Dayton Graf
 Deegan Kyle
 Eliot Rude
 Evan Parrilla
 Holden Johnston
 Hudson Makway
 Jaxon Unruh Ross
 Julian Knelsen
 Kale Gehrman
 Keagan Gaynor
 Lane Peet
 Larson Proctor
 Liam Sherbinin
 Logan Langille
 Nathan Hebert
 Noah Price
 Nolan Zanussi
 River Marshall

HEAD COACH:
 Kyle Hope

ASSISTANT COACH:
 Jeremy Lucchini

MANAGERS:
 Melanie Hebert,
 Chris Sherbinin

TEAM ROSTER:
 Aidan Marson
 Cale Kaufmann
 Callahan Cowan
 Dylan Patterson
 Everett Wilke
 Jack Hall
 Jackson Buie
 Jasper Keast
 Jordan Hanoski
 Michael Oughtred
 Oliver Pemberton
 Owen Wilson
 Parker Aiken
 Quinn Cramb
 Rowan Brodie-Rafuse
 Ryan Helmkey
 Taylor Paton
 Toah Davis
 Zachary Warnick

HEAD COACH:
 Chris Driebergen

ASSISTANT COACH:
 Jeff Rafuse

MANAGER:
 Tiffanie Hanoski



TEAMS



TEAM ROSTER:
 Avery Lynch
 Braiden Bishop
 Brayden Roe
 Brent Sied
 Caden Williams
 Cameron Jacobson
 Carter Chown
 Cohen Bell
 Cohen Lawrick
 Corbin Watson
 Ethan Spencer
 Jake Gramlich
 Jake Murdoch
 Jaxon Derosier
 Lane Warriner
 Liam Duggan
 Liam Wienke
 Linden Keiver
 Rhys Wienke
 Xavier Barrett

HEAD COACH:
 Mike Reid

ASSISTANT COACHES:
 Jaren Hall, Marco Campanella,
 Desmond Derosier

MANAGER:
 Jessica Gramlich

TEAM ROSTER:
 Alistair Lind
 Anthony Calleja
 Aurora Kahlert
 Aydan Bassetto
 Ayden Butler
 Brayden Schulte
 Clayton Catherwood
 Cole Forrest
 Dylan Macnab
 Ethan Raymond
 Justin Goetz
 Leo Della Peruta
 Mason Cunningham
 Matthew Recchia
 Michael Konowalchuk
 Owen O'Farrell
 Owen Wallsmith
 Tristan McBride
 Tyler Cavan

HEAD COACH:
 Mike Legg

ASSISTANT COACHES:
 Alex Smith, Ben Andrews

MANAGER:
 Samantha Cavan



TEAMS



TEAM ROSTER:

Addison Bradley
Beneditc Tudan
Brendan Hughes
Cameron Matile
Carter Hutton
Connor Fisher
Daniel Erwin
Evan Kashuba
Hudson Restiaux
Jack Johnson
Jack Saxton
Jalen Pahowich
Kingston Soper
Kohen Pounder
Landon Grant
Matthew West
Parker Degerness
Preston Sutch
Rylan Cameron
Sterling Janz
Tayden Lake
Vincent Nagy

HEAD COACH:

Garth Gartner

ASSISTANT COACHES:

Chad Pounder,
Sean Matile

MANAGER:

Katie Nagy

TEAM ROSTER:

Carter Kons
Breyen Basigin
Dylshaan Kajla
Ishaan Nagra
Jackson Davis
Jaxon Mumm
Josh Weir
Julius Frick
Lachlan Roth
Logan Jennings
Mac Fiander
Marcus Tarasoff
Matteo Galasso
Matthew Shehyn
Nathan Smith
Richard Blades
Ryder Armitage
Saahil Takhar
Saihaj Nijjar
Ty Jeffrey

HEAD COACH:

Bayne Ryshak

ASSISTANT COACHES:

Cam Alder, Jordan Rendle,
Andrew Lister, Brenden Parker

MANAGER:

Gennine Smith



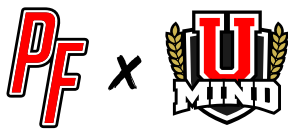
THANK YOU TO OUR SPONSORS

THANK YOU SO MUCH to our sponsors below for either raffle basket donations, donations-in-kind, cash donations, or steep discounts that enable us to reduce our costs while giving our guest teams a great experience!

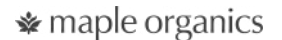
GOLD SPONSOR | BC Hockey U18 T1 Championship PRESENTED BY:



SILVER SPONSORS



BRONZE SPONSORS



HOSPITALS/URGENT CARE WALK-IN CLINICS

Port Moody Urgent And Primary Care Centre

604-469-3123 | Murray St 3105, Port Moody, BC
Provides timely, non-emergency health care for patients in Tri-Cities and New Westminister.

Tri-Cities Urgent and Primary Care Centre

604-469-3123 | 475 Guildford Way, Port Moody BC
Provides timely, non-emergency health care for patients in Tri-Cities and New Westminister.

Surrey Memorial Pediatric Hospital | 604-581-2211

13750 96th Avenue, Surrey, BC
Provides emergency medical care for children aged 16 and under in a child-friendly space separate from the adult emergency department.

Royal Columbian Hospital | 604-520-4253

330 E Columbia Street, New Westminister, BC
Royal Columbian Hospital is a regional hospital and provides a range of health care services including emergency, surgery, maternity care, cardiac, and mental health and substance use.

Eagle Ridge Hospital | 604-461-2022

475 Guildford Way, Port Moody, BC
As a community hospital, Eagle Ridge Hospital provides acute care and some specialty services such as a 24/7 emergency, general medicine, rehab and surgery.

Surrey Memorial Hospital | 604-581-2211

13750 96th Avenue, Surrey, BC
Surrey Memorial Hospital is the largest of three regional hospitals in Fraser Health's integrated network of care, providing primary, secondary, and tertiary services, including 24/7 emergency.

BC Children's Hospital | 604-875-2345 | Toll-free (BC):

1-888-300-3088 | 4500 Oak Street, Vancouver, BC
BC Children's Hospital provides care for the most seriously ill or injured children from across British Columbia.

EMERGENCY DEPARTMENT WAIT TIMES:



EMERGENCY ACTION PLANS (EAP)

FOR ALL ARENAS

17YRS MINUS 1 DAY

Surrey Memorial Pediatric Hospital | 604-581-2211

13750 96th Avenue, Surrey, BC

MAIN HOSPITAL

Royal Columbian Hospital | 604-520-4253

330 E Columbia Street, New Westminster, BC

SECONDARY HOSPITAL

Eagle Ridge Hospital | 604-461-2022

475 Guildford Way, Port Moody, BC

MAIN ARENA

Poirier Sport & Leisure Complex

633 Poirier Street Coquitlam, BC
604-927-6027

Arena 1 (north side)

Arena 2 (central)

Arena 3 (south side)

Rink 1 – is the northern most of three rinks in the complex and accessed through the main entrance located on the northeast corner of the complex off the northern parking lot. There are emergency exits along the north side of the building.

Rink 2 – is to the directly south of rink 1 and accessed through the main entrance located on the northeast corner of the complex off the northern parking lot. There are emergency exits along the south side of the building.

Rink 3 – is the most southern sheet of ice and accessed through the main entrance located on the northeast corner of the complex off the northern parking lot. There are emergency exits along the south side of the building.

Location of Landline Telephones:

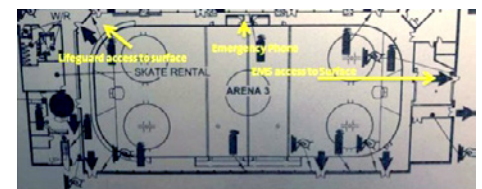
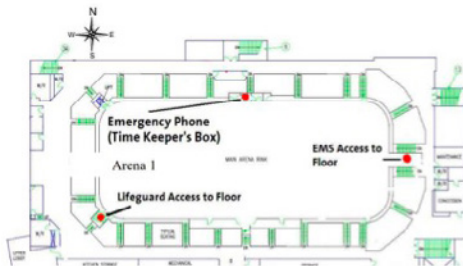
Emergency Phone available in each of the timekeeper boxes, or at the front desk, located just inside the northwest entrance to the facility.

AEDs are located in waiting area between rinks 2 and 3, as well as in the second floor cafeteria, at the top of the stairs from the main lobby, beside the relish. * See map on page 10 and 11.

Lifeguards may be available from the pool. Request Control person to reach out to front desk to arrange lifeguard to attend the scene

Ambulance Notes: Poirier St is a north-south running two-lane road. The complex is on the west side of Poirier Street just south of Foster Ave and shares a parking lot with a public library to the south.

Enter north parking lot off of Poirier Street (Como Lake Side), drive to the back of the rink and enter the facility through the Zamboni Bay Doors at the East end of the facility.



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